

The Ultra-short Race-pace Training International Association

LEVELS OF USRPT COACHING-CERTIFICATION

The USRPT International Association administers a program that certifies an amount of educational activity relative to USRPT coaching that a USRPTIA Member has received. There are three levels of achievement all determined by the number of certification-points accrued through participation in USRPTIA approved activities. The certification attests to the amount of educational experiences that embrace the knowledge-base of USRPT. It does not certify the coaching competency of an individual. It purely shows that an individual has completed sufficient knowledge experiences that one should have to coach at a particular level.

The coaching certification levels are:

1. ***Bronze Level USRPT Coaching Certificate.*** Attainment of this level is that which establishes a coach has participated in suitable knowledge activities to be an assistant coach in a USRPT program. A coach needs to earn 1,000 USRPT coaching certification-points to receive this level of recognition.
2. ***Silver Level USRPT Coaching Certificate.*** This level is that which establishes a coach as having participated in suitable knowledge activities to be a club or team head coach in a USRPT program. A coach needs to earn 2,000 USRPT coaching certification-points that is, 1,000 certification-points beyond Bronze-level certification, to receive this level of recognition.
3. ***Gold Level USRPT Coaching Certificate.*** This is the highest level of coach-education recognition offered by the USRPTIA. It establishes that a coach has participated in sufficient USRPT-recognized activities to be the coach of a representative team or lead a representative team staff that accepts USRPT as a valuable coaching program. A coach needs to earn 3,000 USRPT coaching certification-points that is, 1,000 certification-points beyond Silver-level certification, to receive this level of recognition.