

**The Ultra-short Race-pace Training International Association**

**AVAILABLE AND FUTURE WEBINARS**

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<b>Date</b>	<b>Presenter and Duration</b>	<b>Topic(s)</b>
August 2016	Dr. Brent Rushall for two hours	<i>USRPT Organization for Training Groups Part I</i>
September 2016	Dr. Brent Rushall for two hours	<i>USRPT Organization for Training Groups Part II</i>
October 2016	Glenn Gruber for two hours	<i>USRPT for Masters Swimmers</i>
October 2016 Bonus Feature	Coach Peter Andrew for 59 minutes	<i>Peter Andrew ASCA 2016 – On the Training of Michael Andrew</i>
February 2017	Dr. Brent Rushall for two hours	<i>Psychological Content for USRPT: Part I</i>
March 2017	Dr. Brent Rushall for two hours	<i>Psychological Content for USRPT: Part II</i>
	Dr. Brent Rushall for two hours	<i>The Least Understood Features of USRPT: Recognizing USRPT Pretenders; and Planning with USRPT: Repetitions and Variety</i>